

The joy of life

The joy of life is the most precious thing in life, and it lies in the inner world of a person. This inner world consists of two selves: the true self, which is the spiritual self, and the false self, which is the egoistic self.

Without restraining the false self, the true self, which manifests the joy and energy of life, cannot manifest. All manifestations of the false self, which commands selfishness and evil, hinder a person's journey to self-discovery, self-knowledge, self-knowledge and self-realisation (understanding who they are, where they come from, where they are going and what their purpose in life is). It dulls the mind and obscures the inner truth. The obscuring of inner truth causes divine truths to be obscured and sometimes even lost.

The most important thing is to ensure that the divine truths at work in a person are not obscured or lost.

The ancient philosopher Publius Terentius (195-159 BC) says: **"I am a human being, and nothing human is alien to me."**

A person with this awareness, by feeling the values of divine truth, comes one step closer to his own essential truth and the joy of life every day.

For man lives with both the good and the light as well as with the evil and the dark. This is a dichotomy. The aim is for people to live with trust in the (divine) power to which they feel they belong within this dichotomy.

Worldly life is a battle between those who have surrendered their minds to darkness and those who have turned their faces to the light.

Sooner or later, the light will win. A consistent lifestyle that is in line with our intentions, words and deeds not only strengthens the power of the light, but also contributes to its victory.

Man must choose his side. Either he takes the side of darkness (i.e. the losers) or, after experiencing much pain in worldly life, he will be one of those who understand this truth, albeit late!

The sooner this truth is recognised, the sooner the joy of life is activated. And therefore life becomes more beautiful.

Greetings to those who make life more beautiful!

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